

**Sunset Zoo offers pleasant stroll***Hillside location, winding trails a plus to exotic animals on display*

Page 20

Fort Riley Post

Friday, August 13, 2004

America's Warfighting Center

Vol. 47, No. 32

Spouses invite families out for fun*Enlisted Spouses' Club kicks off year with membership drive*

Page 9

**Around The Army****Mideast:**

The European Edition of Stars and Stripes reported Aug. 12 that the peak leishmaniasis season in Iraq and Afghanistan is approaching.

Preventative medicine officials are deployed to those countries to brief troops about protections, hand out insecticides containing DEET and make sure troops have mosquito netting for their cots. They also hold pre- and post-deployment briefings.

Entomologists are spraying the ground of military bases and camps to kill the sand flies. Leishmaniasis, spread by the bite of a sand fly, has infected more than 600 troops since early 2003.

For more about this story and other U.S. military news in the European and Pacific theaters, visit www.eastripes.com on the Web.

Fort Rucker:

The Army Flier reported Aug. 5 that a team of Fort Rucker pilots and flight students had recently briefed more than 5,000 ROTC cadets on different aspects of Army aviation, the post and the Wiregrass community.

The information sessions covered a variety of topics, from how to access into Army aviation to what the cadets can expect as new aviation lieutenants, the flight school process, the different types of Army aircraft and the requirements for flight school.

For more on this story and other Fort Rucker news, visit www.armyflyer.com on the Web.

Fort Knox:

Inside the Turret reported Aug. 12 that water use on Fort Knox would soon be under new management.

According to Executive Order 13123, a water management plan should provide clear information about how a facility uses its water, from the time it's piped into the facility through its ultimate disposal.

Fort Knox is changing to do just that.

Title F of the Federal Agency Energy Management Section 152 Federal Energy Management Amendments Paragraph (b) (4) states that:

"Not later than Jan. 1, 2005, each agency shall, to the maximum extent practicable, install in Federal buildings owned by the United States all energy and water conservation measures with a payback period of less than 10 years, as determined by using methods and procedures developed pursuant to section 544."

The issue for is improving an old infrastructure.

"Fort Knox itself has a more than adequate water supply with the West Point (Ky.) water field, and Otter Creek and McCracken Springs, where we get surface water," explained Donnie McGarr, an environmental engineer at Knox.

For more about this story and other Fort Knox news, visit www.thewesternenterprise.com on the Web.

Leavenworth:

The Lamp reported Aug. 5 that more than 300 members of the National Association of Buffalo Soldiers Motorcycle Clubs had gathered at the Buffalo Soldier Monument.

For more news about Fort Leavenworth, visit www.ftleavenworthlamp.com on the Web.

Last 41st Infantry group leaves

Soldiers assured their mission important to United States as well as Iraq*By Jamie Bender
Staff writer*

Fort Riley bade farewell Aug. 5 to the final 80-some Soldiers of 1st Battalion, 41st Infantry, deploying to Iraq. The ceremony took place on Gunner's Parade

Field on Custer Hill.

Brig. Gen. Frank Kearney, assistant 24th Infantry Division (Mech) commander for maneuver, assured the battalion's final contingent their service in Iraq is important.

"What you're doing in Iraq ensures that we won't be fighting

here in America," he said.

"It's important for each of you to understand as you go forward ... you need to be resolute when you go over there," Kearney said.

"You need to be focused on the task at hand and you need to recognize that your purpose is the defense of America by fighting

terrorism forward. ... We will continue to press wherever it takes us and we will remain in Iraq as long as it takes us to stabilize that nation."

Kearney reminded the Soldiers how well trained they are.

"You should be confident in your abilities and your weapon,"

he said. "It is the individual Soldier, the individual leader and their intelligence and their ability to be spontaneous, reactive and agile of mind so they can do things physically that need to be done."

See Deployed, Page 3

Traffic snag

Roundabout will ease congestion

*By Alan C. Ingwersen
Civil Engineer*

Fort Riley traffic may be snarled on top of Custer Hill near the Main Post Exchange now, but after the construction causing the traffic jams ends the three new roundabouts will allow traffic to flow through congestion points much quicker and much more safely.

The three intersections slated for roundabouts are Trooper Drive/Apeninnes Drive, Trooper Drive/Normandy Drive, and Apeninnes Drive/Warren Drive, which is the north access road to the Main Post Exchange.

Construction on the Trooper Drive/Apeninnes Drive intersection is expected to be completed within a couple of weeks, if weather allows uninterrupted work. Construction of the other two intersections will continue for a period beyond that time.

Two basic premises support justifications why modern roundabouts reduce crashes by 50 to 90 percent when compared to two- and four-way stop control and signalized intersections.

The first premise is the simple decision making drivers face combined with the low level of conflict points.

Thirty-two possible conflict points between vehicles exist at a four-way intersection; only eight exist at a roundabout. A conflict point is defined as any point in an intersection where one vehicle has the chance of physically colliding with another vehicle.

When a conflict point is eliminated, the chance that two vehicles could collide also is eliminated.

The second premise is that roundabouts cause drivers to reduce speed and low

See Traffic, Page 2*Post/Bender*

Efforts to improve the traffic flow on Custer Hill has temporarily snagged traffic with construction of three roundabouts. Post civil engineers expect the first roundabout to be completed in a couple of weeks, easing some congestion and inconvenience. Safety and traffic flow will improve dramatically when all three are completed, they said.

Army medics treat Marines

Care ranges from sneezes to shrapnel*By Veronika R. Tuskowski
1st Marine Division*

CAMP RAMADI, Iraq — One of the saving graces for Marines fighting terrorists in and around Ramadi comes dressed in an Army uniform.

They are the Soldiers of Medical Company C, 101st Forward Support Battalion, based at Fort Riley. These Soldiers provide medical care that fits one step beyond battalion level capabilities but before life-saving surgery. They handle everything from runny noses to mass casualties caused by deadly explosions.

In Iraq, the work can be non-stop.

"The most common injuries we see from Marines and Soldiers are shrapnel injuries" from improvised explosive devices, mortars or rocket-propelled grenades, said Capt. Cory Plowdon, company commander.

Medics and corpsmen treat blisters and sore backs. Soldiers here worry about the after-effects of firefights. They're called to action when a Marine or Soldier gets wounded.

For that reason, the company keeps an ambulance team of three Soldiers on standby. Their rescue vehicle, an M-113A2 armored personnel carrier, is topped off with fuel and ready to be dispatched. They're always on duty and ready to respond immediately

See Medics, Page 4

New commanding general visits Fort Riley

McNeill visits Forces Command post to garner first-hand perspective*By Jamie Bender
Staff writer*

Gen. Dan McNeill, commanding general, U.S. Army Forces Command, visited Fort Riley Aug. 4, to tour the post.

During his visit, McNeill observed Theater Specific Individual Readiness Training and visited with Soldiers and family members at the Soldier and Family Support Center.

At the SFSC, McNeill answered questions posed by family members and Soldiers ranging from deployment length to equipment for Soldiers.

"I had to come out here just so I could look in people's eyes and make sure I had the same sensing that I get from (Maj.) Gen. (Dennis) Hardy and others that everything is OK," McNeill said.

He also said he enjoyed visiting Fort Riley.

"This is a wonderful post," he said. "I have always enjoyed it here. I was assigned here once back in the early '70s. It's a wonderful community in which one could raise a child and a Soldier."

McNeill talked about the new units of action that are being formed and how they will affect Fort Riley.

"We have the best Army that

we have ever had today," he said. "As good as it is, we think it could get better. The key to this is changing some of the formations that we have."

So we are taking apart some of the brigade combat teams that we have and putting them back together as a brigade combat team unit of action."

In creating these units of action, McNeill said that it is believed that a force that is about one and a half times as powerful is being created. He feels that Fort Riley is a good place for some of those units.

See McNeill, Page 2*Post/Bender*

Gen. Dan McNeill, commanding general, Forces Command, addresses members of the rear detachments and family members during his Aug. 4 visit to Fort Riley.





Post news in brief

Battalion fires during exercise

Nearby communities may notice increased noise activity on Fort Riley through Sept. 2. The 2nd Battalion, 70th Armor, is conducting a gunnery exercise at the Multi-Purpose Range Complex and throughout the post's training areas through Aug. 9. The day-time and nighttime exercise will include live fire with M1A1 Abrams tanks and Bradley Fighting Vehicles.

The battalion also will take part in an on-post combined arms live-fire exercise Aug. 28-Sept. 2. The exercise will require additional artillery fire and possible support from the Air Force.

For more information, call 239-2022 during the duty day or the Fort Riley Operations Center at 239-2222 after hours.

Legal offices plan to close

The Office of the Staff Judge Advocate will be closed Aug. 20 so staff members can participate in an organizational day. Normal operation will resume at 9 a.m. Aug. 23.

For more information, call Deb Pelfrey at 239-2217.

Traffic

continued from page 1

speed means that, if a driver makes a mistake, it is easier to stop or at least the impact is relatively minor.

Signalized intersections often cause high-speed right angle and left turn crashes as well as many others. Crashes at roundabouts are primarily rear end or low speed merging crashes.

Roundabout facts

— A modern roundabout is a traffic control device with the primary function of controlling traffic movements through an intersection.

— There are only two modern roundabouts in Manhattan, Kan. These are located at Gary/Candlewood and Kimball/Grand Mere intersections.

— All those other "round things" are traffic circles, with the primary function of calming (slowing) traffic along a street.

— Modern roundabouts are not those big, old, high-speed traffic circles built years ago in Paris, London, Washington, D.C., and other eastern cities. Those circles were designed for high-speed entry and multi-lane weaving - a dangerous combination. The potential for serious crashes is high and subsequently, most traffic circles generally have high crash rates.

— The modern roundabout is the safest form of intersection control available. This fact has been verified by several recent intersection safety studies conducted in the United States.

— The modern roundabout is the most efficient traffic control device that exists today, based on overall vehicle delay and queue length (number of vehicles backed up). This fact also has been proven by several studies in the United States.

Source: Gene Russell, www.ksu.edu/roundabouts/

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President signs appropriations bill

Legislation contains \$77.05M in construction money for Fort Riley projects

By Jim Garamone
AFPS

WASHINGTON — President Bush signed the Defense Appropriations Bill into law during a White House ceremony Aug. 5.

The \$417 billion bill funds the military for fiscal 2005, but Congress must pass a second bill, the National Defense Authorization Act, before the defense department can spend any of the appropriated money. The defense authorization bill could be different than the appropriations bill.

For Fort Riley, the appropriations bill would provide \$77.05 million for construction projects. It provides \$41 million for a 312-person barracks, \$33 million for 126 family housing units and \$3.05 million for a communications center.

On the personnel side, the appropriations bill provides a 3.5 percent across-the-board pay raise

What a pay increase will mean for some

On Aug. 5, President Bush signed the fiscal year 2005 Defense Appropriations Act. The act gives servicemembers a 3.5 percent annual pay increase. The increase goes into effect Jan. 1, 2005. Here's what the monthly pay increase would look like for some Soldiers:

Pay grade	Years in service	Old pay	New pay	Difference
Specialist	3	\$1,726.80	\$1,787.24	\$60.44
Staff sergeant	2	\$2,516.10	\$2,604.16	\$112.06
Sergeant major	8	\$5,054.70	\$5,231.61	\$176.91
First lieutenant	3	\$2,848.50	\$2,948.20	\$99.70
Major	10	\$5,137.80	\$5,317.62	\$179.82
Colonel	20	\$7,500.90	\$7,763.43	\$262.53

Source: Defense Finance and Accounting Service

for servicemembers, eliminates their out-of-pocket housing expenses and fully funds the Defense Health Program. President Bush said the raise brings the total pay raise during the past four years to nearly 21 percent. "This money is well earned, well deserved, and well spent," he said.

Bush called the elimination of

out-of-pocket expenses "a real boost" for military families.

"The excellence and professionalism of an all-volunteer force has never been higher," he said. "America must do all we can to encourage these special Americans to stay in uniform, and that starts with taking care of their families," he said.

The bill funds the on-going war

on terror with \$25 billion in emergency appropriations to support current operations in Afghanistan and Iraq. "This money will buy more armored Humvees, more ammunition, more fuel, more spare parts," he said. "It will upgrade our helicopters with the latest equipment, allowing them to fly more safely in the dangerous theaters."

McNeill

continued from page 1

"Riley is such a wonderful post in terms of a training venue. It doesn't suffer from some of the malaises that some of the stateside posts do. The urban encroachment is relatively minor. There are great range facilities and they are getting better every day."

From lessons learned in Iraq there have been some significant changes to the way the combat training center trains, McNeill said.

"One of the most significant is the way the opposing force operates," he explained. "We use a contemporary operating environment. It's more oriented toward [an enemy] that doesn't attack us head-on but where they see seams in our armor."

"We are using thousands of civilians on the battlefield dressed in [native] garb. ... We have also allowed commanders a lot more leeway in directing what they need out of the training."

"We think a commander has a better idea of what they need, so we are less directive in our guidance."

"We draw information out of the theater on a daily basis."

During his command of FORSCOM, McNeill said he intends to put authority and responsibility where it belongs.

"In my watch I am expecting a lot more out of the noncommissioned officers," he said. "We have the best noncommissioned officer cadre that we have had in the U.S. Army in history I think. I think they are so qualified that we should give them the responsibility to make certain decisions and the authority to make them."

"They will be held accountable for it. We also have some of the best commanders in the battalion and brigade level than we have ever had in the Army. I believe they should be able to make more decisions."

Gen. Dan McNeill

Assumed command of U.S. Army Forces Command on May 7, 2004.

Previous assignments as:
— Airborne infantry unit command at company, battalion, brigade and division levels
— Assistant division commander, division commander, corps chief of staff, deputy corps commander and corps commander.

Previous tours:
— Republic of Vietnam
— Republic of Korea
— Italy
— Saudi Arabia
— Iraq
— Afghanistan

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BLIR/August 2004



Post news in brief

Central Issue moves services

The Central Issue Facility has moved its OCIE issues, turn-ins and direct exchange services to Building 7920. With the new approach for issuing to Soldiers, CIF intends to reduce customer wait and service time.

Parking is provided in the rear of Building 7920. Carts are provided to Soldiers for issue and turn-ins. Carts also are available for Soldiers to carry their equipment to their vehicles.

Hours of operation are 7:30 a.m. to 3:30 p.m.

For more information, call Mark Harder at 239-3554, Linwood Cromartie at 239-9181 or Buddy Christian at 239-2854.

Workshop aims to ease returns

"The Home Coming — Preparing For A Safe and Peaceful Reunion" will be offered from 6:30 to 9 p.m. Aug. 20 at the Soldier and Family Support Center, Building 7264.

Statistics show that many Soldiers and family members often have serious and even violent experiences after a deployment. This workshop will address sensitive issues and concerns some spouses may need to consider before their Soldier returns.

Because of the sensitive nature of the workshop, no children will be permitted. Free childcare is available. Childcare sign-in will be 6:15 p.m. the day of the workshop. Parents should bring the child's shot record.

Call 239-9435 by Aug. 18 to register.

Redeployment briefings set

The following are the dates and times for the upcoming redeployment briefings. Family members are being advised to contact their Family Readiness Group leaders or their rear detachments if they have questions or to check on changes regarding the their briefings and homecoming activities.

For information and assistance regarding FRG training, issues and concerns, call Sonya Brown or Pearl Speer at the Family Readiness Center, 239-9435.

All of the briefings will be held at the Soldier and Family Support Center, Building 7264. Free childcare will be provided. Sign-in is 15 minutes before the briefing. Parents must bring their child's short records.

Headquarters and Headquarters Company, 1st Brigade Combat Team —

6:30 to 8:30 p.m. Aug. 19 and
9:30 to 11:30 a.m. Aug. 24

101st Forward Support Battalion and 331st Signal

Company — 6:30 to 8:30
p.m. Aug. 18 and Aug. 23

1st Engineer Battalion —

9:30 to 11:30 a.m. Aug. 26 and
6:30 to 8:30 p.m. Aug. 30

1st Battalion, 5th Field Artillery —

12:30 to 2:30
p.m. Aug. 31, 6:30 to 8:30
p.m. Sept. 1 and Sept. 2

1st Battalion, 16th Infantry —

6:30 to 8:30 p.m.
Aug. 26, 2 to 4 p.m. Aug. 28
and 9:30 to 11:30 a.m. Aug. 30

1st Battalion, 34th Armor

— 6:30 to 8:30 p.m. Sept. 8
and Sept. 9 and 9:30 to 11:30
a.m. Sept. 10

Deployed

continued from page 1

Col. David Bishop, commander of 3rd Brigade Combat Team, 1st Armored Division, told the departing troops their fellow Soldiers in the 1st Bn., 41st Inf., are doing well in Iraq.

"I spoke with (Lt. Col. David) Batchelor two days ago," Bishop said. "He said the troops are doing well and they have strong morale. ... They are busy and they are looking forward to getting some reinforcements in the coming weeks and months."

Bishop shared some hints and tips that he said would help them.

First, he encouraged the Soldiers to keep in touch with friends and family.

"People who tend to write a lot of letters tend to get a lot of letters," he said. "If you don't make the first contact, you might not get any mail."

Second, he told the troops to remember that they will not be alone in Iraq.

"That guy to your left and your right is your wingman, your battle buddy, the guy that will see you through some of the most difficult times you have ever faced. Invest in those relationships. Invest in the relationships with your NCOs, your officers, your chaplains and remember you're not alone."

He then reminded the Soldiers that they are well trained. "Remember that you are better trained and equipped than your opponent. Don't underestimate

your opponent. He is very determined and very clever, but nothing can hold a candle to a U.S. Army Soldier who is trained like you are."

Bishop offered some encouragement to help the Soldiers through the yearlong deployment.

"Remember that your cause is just," he said. "It's going to be a long deployment and it's going to be tough. You are going to face some challenges."

"Never lose site of your purpose. We are going to try to create a place in the Middle East where freedom can live and maybe terrorism will shut down. Take it one day at a time. Don't start crossing off days on your calendar the day you get there."

Bishop also encouraged the Soldiers to keep a journal. "Get a notebook and keep a journal over there," he said. "You will regret not having done that. Take a few minutes every night and write down your experiences so that you can look back on your experiences and remember some of the people that you went through these challenging times with."



Post/Bender

Soldiers of 1st Bn., 41st Inf., and Col. David Bishop (right foreground), 1st BCT commander, render honors for the National Anthem during a deployment ceremony Aug. 5. The Soldiers will be joining the rest of the troops from 1st Bn., 41st Inf., in Iraq.

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Spec. Jesus H. Hernandez, 20, a driver with Co. C., 101st FSB, mans an armored personnel carrier fitted to be an ambulance. The tracks are called out with the base's quick reaction force and the crew is ready to aid Marines and Soldiers in Ar Ramadi.

USMC/
Tuskowski

Medics

continued from page 1

for emergencies.

"A lot of times when there are injuries out in town, we attach a 1-1-3 to the quick reaction force and they will be the medics on site to do the on-site assessment," explained Plowdon, who hails from Greenwood, S.C. "The casualties will be placed in the 1-1-3 and escorted back here, where they will be treated."

Still, the Soldiers find that even in the business of saving lives, they often face their own problems.

"The big red cross on the sides of the track is like a big target to shoot at," said Spc. Tiffany A. Putz, a 24-year-old ambulance driver.

Even in the face of danger, the Soldiers risk their lives to save others.

"I am the first guy off that track to run out there and grab them," said Spc. Hilario Cantu, an ambulance medic. "We got the infantry guys who do their job and it's my job to make sure these guys make it home safe."

The medics served alongside Marines in some of the toughest fighting in Ar Ramadi in early April. Then, Marines from 2nd Battalion, 4th Marine Regiment, locked with terrorists and waged a campaign to eradicate the city of the attackers. Marines killed and wounded scores of enemy, suffering several Marines killed and dozens wounded, themselves.

"I went out there April 6 during a big firefight and there was this Marine who broke his leg," Cantu recalled. "Me and my driver went out there and grabbed him and carried him back to our track. We did what we had to do to stabilize the leg."

Since the company arrived in Iraq last September, the medics have treated more than 6,000 Marines and Soldiers. Not every case is a success story.

"We had to work on a patient who had a double amputation," recalled Staff Sgt. Walter Laird, trauma room noncommissioned officer-in-charge. "We tried to help him out as much as possible, and we sent him off to another facility."

"Three days later he died," he said. "That really hurts."

Despite losses, the medics get a sense of satisfaction from their work.

"The thing I like most about my job is helping people," Cantu explained. "We like to do our job, but we hate to do it at the same time. We know what we have to do to get ya'll back out there, but we hate to see ya'll come in."

Got a story idea? Call the editor at 239-8845.

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USMC/Tuskowski

Cpl. Adam Mora, a postal clerk with 1st Service Support Grp., Headquarters and Service Battalion, gets two temporary root canals July 30 at the Co. C, 101st FSB's medical facility at Camp Ramadi. Mora was playing catcher during a game of softball when he was hit in the mouth with a bat. The dentist at the medical facility, Dr. (Capt.) Matt Harrison, sees an average of six people per day and he is the only military dentist in the Ar Ramadi area.

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Post invites retirees

Day's event includes update on issues

By Mike Heronemus

Editor

Fort Riley tips its hat to Army retirees Sept. 10 during the post's annual Retiree Appreciation Day. The event takes place for the second year in a row at the Holiday Inn Holidome on Fort Riley Boulevard in Manhattan.

Retirees of other military services who use Fort Riley facilities may also attend the appreciation day program.

The daylong event provides updates on a variety of retiree issues and services and some diagnostic health checks for retirees and their spouses. Retired Lt. Gen. John A. Dubia, co-chairman of the Army Chief of Staff's Retiree Council, accepted this year's invitation to be the guest speaker.

He will address national and worldwide issues of importance to retirees and their families, including concurrent retirement and disability payments, combat-related special compensation and other legislation pending in Congress.

Lt. Col. Leopoldo Quintas, commander of the 2nd Battalion,

If you go

Take Interstate Highway 70 to exit 303.

Follow that road into Manhattan and look for the Holiday Inn on the left-hand side of the road shortly after entering the city.

70th Armor, at Fort Riley intends to present slides and a talk about his unit's experiences while supporting Operation Iraqi Freedom. Mark Derby, Fort Riley's Commissary officer; Rick Talbot, the Post Exchange manager; and Col. Marilyn Brooks, Irwin Army Community Hospital commander, fill out the morning's schedule of speakers.

Brooks and her hospital staff will conduct mid-afternoon tours for anyone wishing to see ongoing hospital projects aimed at improving service.

The health fair conducted by hospital staff will include cataract, blood pressure and cholesterol screening and nutrition

and skin cancer information.

Flu shots will not be available because this year's appreciation day had to be scheduled in early September before the hospital receives shipments of the flu vaccine.

Organizations serving retirees and veterans plan to set up booths with information about their organizations and services they provide as part of a "county fair" exhibit.

Lunch will be available in the Holidome. The cost is \$15 per person includes a gratuity.

Luncheon reservations must be made by Aug. 27. Make payment to Retirement Services and send to Headquarters, 24th Infantry Division (Mech) and Fort Riley, ATTN: AFZN-GA-AS (Retirement Services), Fort Riley, KS 66442. No refunds can be made after Aug. 24.

The reservation must include the retiree's name, names of any guests, the retiree's address and a phone number where he or she can be reached.

For more information, call Fort Riley Retirement Services at (785) 239-3320 or (785) 239-3667.

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Commentary

Friday, August 13, 2004

Fort Riley Post

Page 5

Riley Roundtable

This week's question:

What military office, agency or organization on Fort Riley has given you the best customer service and what impressed you about that service?



"The guards at the gate. They're always so courteous to me when I come through the gate."

Margaret Chambers
Third-grade teacher
Custer Hill Elementary School
Home: Chester, Pa.



"AAFES. Low prices, great attitudes."

Pfc. Izell Cowans
Cavalry Scout
H Troop, 1st Cavalry
Home: Indianapolis



"PX/AAFES. The people were helpful in directing me to hard-to-find items, and they have a cheery attitude."

Sgt. James Broyles
IG/SAV
Det. D, 15th Personnel Services Bn.
Home: Omaha, Neb.



"The PX. The people who work there are nice, always treat you with respect. It's also a great place to shop because it's so close to home and, by the way, tax free. That's always a plus."

Pfc. Alex A. Hyman Jr.
Motor transport operator
24th Transportation Company
Home: Charlotte, N.C.

Letter to the editor:

I would like to request that recent promotions be included in the Post online. It would be a great source of continued pride to see promotion and similar recognitions in print.

Liza Amthor
Legal Assistant
Ellenville, N.Y.

Editor's response: The Post staff wants to know what its readers would like to have printed in the paper. We will look into each suggestion to determine the feasibility of filling that need.

Next week's question:

What would make you more interested in reading the Fort Riley Post each week?

Your opinions may be e-mailed to the editor at mike.heronemus@riley.army.mil or faxed to the editor at 239-2592. Opinions must reach the editor by close of business Tuesdays to appear in the following Friday's paper.

Installation Security

Everyone on post must remain vigilant

Security of the installation requires a conscious effort by all who work and live here. No matter how well trained and vigilant our law enforcement officers are, they simply cannot be everywhere. Your eyes and ears, and those of your friends and family, can be of enormous help in preventing terrorism. After all, you know best what activities do or do not belong in and around our post, your neighborhood and your community.



Col. John Simpson

Fort Riley Vigilant Citizens is an antiterrorism initiative that will put you on the antiterrorism team. It will provide you the information you need to recognize and report suspicious behavior. I encourage you to read the brochure mailed to your quarters and to become familiar with the possible indicators of a terrorist operation or a criminal act. Should you observe or recognize something suspicious or "out of place" in your neighborhood or on Fort Riley, report your information to the Military Police Station. The hotline number is 239-MPMP (239-6767) and is available 24 hours a day.

The information you gather will be rapidly assessed, shared with military commanders and acted upon as necessary.

Join with me in keeping our installation safe for all of us. Remember to SCAN your surroundings for suspicious behavior, FOCUS on what you see and REACT by reporting what you have observed.

Col. John A. Simpson
Garrison Commander

Keeping the Force Manned

Corporal recruiter programs work well

By Kenneth Preston
Sgt. Maj. of the Army

WASHINGTON — On a recent visit to the U.S. Army Accessions Command, I learned about the great strides being undertaken by young corporals in the Corporal Recruiter Program. During the trip, I had the opportunity to meet several of these outstanding young Soldiers who have answered the challenge and have helped make our Army better.

The Corporal Recruiter Program began in 1999 on a trial basis and has since allowed more than 300 privates first class and specialists to serve one-year recruiting tours.

The program goal is to bring young, spirited Soldiers into recruiting to tell the Army story to their civilian peers. The professional corporal recruiter has become an important combat multiplier to the recruiting force. Corporal recruiters stand toe to toe with other detailed recruiters in exceeding standards of excellence.

Serving as a recruiter is a real world mission that gives the recruiters a sense of self-satisfaction and achievement knowing they are part of the Army's success.

Many of the corporal recruiters have only recently left their hometowns and going back has provided many Soldiers opportunities they never imagined.

One of these Soldiers is 23-year-old Cpl. Scott Thomas Davis from Houston, Texas. Davis is a UH-60 mechanic and is taking this experience as a



SMA Kenneth Preston

chance to give something back to his hometown. He is assigned to the Houston Gulfgate Station. He said that he wanted the chance to come back to his hometown and make a difference in his community. He thought the Army had given him a chance to succeed and wanted to share that possibility with his friends.

He stated the most rewarding part of being a corporal recruiter is the expressions he gets from peers and parents. He is nearly the same age as a lot of the people joining today.

"The parents see how mature and successful I am and would like to see their son or daughter be the same," Davis said. Davis also appreciated being surrounded by professional non-commissioned officers and leaders from many different career fields.

"I had no idea how or what to expect [from recruiting]. But I didn't think it would set me up as well as it has for being successful in my military future. Even though I won't spend the rest of my military career recruiting, what I have learned here will carry me through the rest of my life," Davis added.

Another great example is Cpl. Joelle Alvarado, 21, currently assigned to Elizabeth, N.J., Recruiting Station. She is nor-

mally works as a signal support systems specialist.

Alvarado said she wanted to be a recruiter because it has an instant impact in today's Army and in the defense of this Nation.

"One of the most rewarding things about recruiting is that you get to meet all kinds of people and share the Army story with them. The pay is not bad either. I've gained a lot from this experience, but the one that sticks out the most is the ability to represent the Army in my community," she said.

The experiences these young noncommissioned officers are gaining go hand-in-hand with the impact they're making to fill the ranks of our great Army. They'll not only return to the inventory better and more experienced leaders, they'll have replenished the ranks with qualified, eager future warriors.

To participate or volunteer for the Corporal Recruiter Program, Soldiers must be in their first term of enlistment, meet the basic recruiter qualifications and be single with no dependents.

There is a second program for married specialists and corporals that gives them the opportunity

to join the recruiting force. The Corporal Detailed Recruiter Program is designed to allow specialists and corporals who are married with no more than two dependents to serve a two-year tour in recruiting. As with the Corporal Recruiter Program, Soldiers interested in the Corporal Detailed Recruiter Program must also meet the basic recruiter qualifications.

I urge leaders at every level to identify exceptional privates first class and specialists and counsel them on the great aspects of the Corporal Recruiter Program and the Corporal Detailed Recruiter Program. We do ourselves and our Army a tremendous service when we send these young Soldiers to the civilian population to represent us and identify those who would wear the uniform of an American Soldier. Especially identifiable would be Soldiers returning from Operations Iraqi and Enduring Freedom rotations who can help tell the Army story. We need these young warriors to tell of their experiences in combat and specifically to talk about the good things Soldiers are accomplishing in the Global War on Terrorism.

Grunt By Wayne Uhden

THERE ARE TWO KINDS OF SERGEANTS, THOSE WHO CAN'T CHANGE THEIR MINDS, AND THOSE WHO WON'T...



Letter to Editor

Thanks to Soldiers

We would like to take this opportunity to express our appreciation to all the Soldiers at Fort Riley and their families for their efforts and sacrifices in the war to keep our nation free and safe.

We know many, if not most, have been called on to serve in Iraq and Afghanistan while their families have had to carry on at home without them. It is not easy and most of us cannot begin to understand what it was like for

the Soldier or his or her family. There is some controversy today about whether we should be fighting this war, but we believe the majority of Americans are fully behind what you are doing and appreciate it more than you can know.

We just felt someone should tell you so.

Thank you and God bless you.

Don and Sandra Mackens
Hattiesburg, Miss.

Post Reader Feedback Form

How does the Post rate?

	Poor	Fair	Good
Interesting articles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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Your opinion is important to the Post editor and staff. Please take a moment to tell us how well we are doing our job of keeping you informed about what is happening at Fort Riley. Fax the form to (785) 239-2592 or clip and mail this form to Editor, Public Affairs Office, Building 405, Fort Riley, KS 66442, or drop the form at building 405. You may also send your opinions to the staff by e-mail at mike.heronemus@riley.army.mil.

What are your concerns or suggestions for improvement?

Your name (optional) and phone number (if you would like to talk about your ideas):



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People arriving at Riley's Convention Center and entering through the front door find themselves in a spacious entryway with ballrooms at either hand on opposite sides of a center aisle leading to the back porch.



One addition to the renovated Riley's is this commander's meeting room outfitted with seats contoured to fit the back comfortably.

Riley's reopens as conference center

Updated facility offers officials, families functional, comfortable surroundings for events

By Adam Pracht
The Daily Union

FORT RILEY — When Riley's reopened Aug. 9, about the only aspect that had not changed was the building's location.

"There won't be anything familiar," manager Harry Cook said the Friday morning before the planned opening.

Riley's now features skylights running down the middle of the building, more meeting spaces and a larger kitchen.

It still has a new building smell of newly cut wood and faint traces of cleaning solution. The building's 204 windows flood the rooms with natural light.

After 18 months and about \$5.5 million in renovations — about \$1 million more than was estimated in March — the social center of Fort Riley reopened with a different feel, Cook said.

"This is not a restaurant and bar anymore," Cook said. "This is a conference center."

The change is almost total, Cook said. Renovators gutted the building. The finished project was

"not a change in mission, just a change in outlook of what's expected," Cook said.

The center's regular hours will be 7:30 a.m. to 5:30 p.m. Monday through Friday.

Riley's will be available to military personnel and their families for special events, such as weddings, dinners and conferences, during those hours as well as evenings and weekends. Official military events take priority, however.

Riley's will no longer offer daily non-reservation restaurant-style service; it now will offer only catering.

Even before the center officially opened, Cook said Riley's hosted a group of officers' wives Aug. 4 and has made bookings through January. Riley's books events up to a year in advance, and Cook suggested reserving space several months in advance.

"My phones won't stop ringing," Cook said.

Cook said he has heard positive remarks about the new arrangement of Riley's. He said the officers' club format has been disappearing across the country

because of declining popularity and feasibility and because demand for meeting space has increased.

The renovations make Riley's well-equipped to handle this new kind of demand. Riley's has four upstairs rooms that can be used for meetings or meals and one meeting room downstairs. However, the rooms are flexible.

If a piece of furniture can't be picked up and moved, it's on wheels — including four portable bars. Soundproof walls can be easily retracted, transforming the upstairs from four separate rooms to one large room or any variation between. When the four rooms' dividing walls are retracted, the space can handle a meal for 815 people. Previously,

Riley's had only one main ballroom.

Each room has an audio-visual system that can play CDs and cassette tapes or project DVD or videotapes on a screen that drops mechanically.

The audio-visual system is controlled from a small touch screen on the wall or with more complex controls in an audio-

visual room. When the rooms are combined, presentations can be shown on all four screens at once.

The lighting system in each room has eight programmable buttons for numerous combinations of lights and light levels.

The main floor includes a state-of-the-art kitchen with about three times the space Riley's had previously. People holding events in Riley's may choose either to use its food service or bring in outside catering, an option that was not previously available. Riley's can cater buffet-style meals for up to 200 people.

One room on the main floor is dedicated to command meetings.

It can hold 28 people and features a wide square conference table and high-backed chairs that curve to match the spine.

Cook has one of those chairs in his office. "They're comfortable," he said.

The downstairs meeting room is identical to the ones above, without the removable walls. It will largely serve family readiness groups, which provide fund-raising and moral support.

Across from it and through a sunny stairwell is where the child development center will eventually make care available when needed. For now, the room is empty.

Janice Green, with the child development center, said the room's equipment was ordered recently, but she did not know when childcare would be available for events.

Cook said Aug. 6 that a few other details needed to be taken care of, such as doors that don't quite fit in the jams and self-setting clocks that hadn't gotten the right time yet.

Overall, however, Cook said he is excited to have a place that can handle events for military families at Fort Riley. "It gives them a place here to hold their different events without taking it off-post."

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Soldiers and equipment of the 568th CSE at Fort Riley haul, dump and move dirt as part of a project to build 8-foot berms around a training facility National Guard and Reserve Soldiers will use to prepare for deployment to Iraq.

Post/Heronemus

568th CSE builds training facility

By Mike Heronemus
Editor

The Engineers went to the field the end of July to turn seven acres of the post's bottom land into a patch of ground resembling some U.S. bases in Iraq.

Their task: Scrape the vegetation off a piece of ground, cover it with gravel, surround it with three strands of concertina wire and build 8-foot berms of dirt inside the concertina wire and all the way around the plot. Their goal: To create a Theater Certification Training Site simulating a base U.S. Soldiers serve in while deployed to Iraq.

By Aug. 3, two of the berms were rising dramatically as dump truck after dump truck left loads of dirt carried from another location on post and earth movers, graders and dozers pushed the deliveries into place.

The construction hasn't gone

without interruption, said 2nd Lt. Jenny Kirk, a line platoon leader with the 2nd Platoon, 568th CSE (Combat Support Equipment). During the first week of the project, opposition forces launched a simulated small, armed attack on the working engineers. The engineers stopped what they were doing to take up defensive positions and repel the attack, she said.

Work began on the site July 19, Kirk said, but the engineers had been stockpiling dirt since June 21 in order to meet the project's completion date.

Maj. Nathan Gorn, plans and training officer for 2nd Battalion, 383rd Regiment, 3rd Brigade, 75th Division (TS), said he wasn't sure when construction of the simulated base would end, but the brigade would begin using the site early in September.

Mobilized Army Reserve and National Guard units will spend five days at the site training in sit-

uations they may face in Iraq, Gorn said. Mobilized units previously trained for four days at mock sites set up in a vacant motor park area on Custer Hill.

"We've learned that most attacks come against convoys and entrances to military bases," Gorn said. The training that mobilized Soldiers receive at Fort Riley will help prepare them to counter those attacks, he said.

Ongoing construction won't impede the training, Gorn said. In fact, he said Soldiers might find themselves moving into a base under construction, so the training in those conditions will be very meaningful.

Mobilized Soldiers will train on security and force protection at entrance control points and will move from the site for convoy training, Gorn said. The brigade has doubled the amount of convoy training given to the mobilized Soldiers because convoys seem to be favorite targets for opposition

forces in Iraq.

The Soldiers will not live at the site, but the simulated forward operating base will contain a tactical operations center, company command posts, observation posts, bunkers and an assembly tent, Gorn said.

The earthen berms add a piece of reality to the training 3rd Brigade, 75th Division (TS), will provide the mobilized Soldiers, Gorn said.

The berms couldn't be replicated at the existing motor park areas, he said.

The new site enhances training opportunities Fort Riley will provide units and Soldiers deploying because it allows the post to incorporate lessons learned by U.S. units in Iraq, said one official in the Garrison Command headquarters.

Garrison Command supports Fort Riley's mission as a Power Projection Platform by providing suitable training facilities.

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Fort Riley Community Life

Friday, August 13, 2004

America's Warfighting Center

Page 9

Community news briefly

Society slates annual social

The Historical and Archeological Society of Fort Riley will entertain members and prospective members during an ice cream social from 6 to 8 p.m. Aug. 19 at the Custer House on post.

The society members seek to promote the history of Fort Riley and are involved annually in Apple Day and the ghost tours. They also provide narrated tours of Custer House. For more information about membership, call Marguerite Theisen at 784-4880 or join members at the ice cream social.

Class offers parenting help

"Dads in the 21st Century," a six-session class designed to give men techniques that could help them be better dads, begins Aug. 24 at the Family Network Learning Center, Room B107, in the Junction City Municipal Building, 700 N. Jefferson St.

The class runs from 6:30 to 8:30 p.m. Aug. 31 and Sept. 7, 14, 21 and 28. The Aug. 24 meeting begins with a free meal at 6 p.m. Free child care also will be provided.

To register or for more information, call the Communities in School Office at 238-6184.

Community council to meet

Fort Riley's Community Action Council will meet from 9:30 to 11:30 a.m. Aug. 18 at Riley's Convention Center.

Chapel plans fall festival

Morris Hill Chapel's Gospel Service congregation is planning Hallelujah Night, an inspirational fall festival, from 5 to 8 p.m. Oct. 30 at the chapel. Refreshments will be served.

Admission will be free, but non-perishable food items would be appreciated. The items will be used to help needy families in the Fort Riley community during Thanksgiving.

Church woman begin programs

Morris Hill Chapel Protestant Women of the Chapel plant a "Fall Kick Off" at 7 p.m. Aug. 19 at the chapel. Child care will be provided.

Service needs musicians

The Contemporary Protestant Service on Fort Riley needs a drummer and an electric guitar player.

The service meets in Kapaua Chapel at 11 a.m. Sundays.

Rehearsals are 6:30 p.m. Wednesdays and Sunday mornings before service.

If interested, call Chap. (Maj.) James Paulson at 239-3359.

Stay In Step with Fort Riley

See what's happening on Fort Riley cable Channel 2 every day at 6:30 a.m., 8 a.m., noon, 6 p.m. and 10 p.m.

Campaign targets post civilians

Fort Riley launches anti-terrorism awareness effort for families, employees

By Mike Heronemus
Editor

Everyone who lives and works at Fort Riley must make a conscious effort to prevent terrorism, the garrison commander and the post's anti-terrorism officer agree.

Law enforcement personnel cannot be everywhere, Col. John Simpson, garrison commander, states in a letter mailed to families living on post.

"Soldiers do a good job when it comes to op sec (operational security)," said Capt. Rob Ruskievics,

anti-terrorism officer for the 24th Infantry Division (Mech) and Fort Riley, "but families need to be involved, too."

To further that concept, Ruskievics is spearheading an anti-terrorism campaign - Fort Riley Vigilant Civilians program -

to educate family members living at Fort Riley and civilian employees working on post about what they can do to help.

Ruskievics said he hopes the campaign's result will bring more participation by residents and employees, a goal similar to

results civilian law enforcement officers seek by initiating the well-known Neighborhood Watch program to counter crime in their communities.

The campaign plan includes distribution of flyers and posters

See Campaign, Page 11

Getting to know you



Post/Hardesty

Families wander around information booths set up at the Enlisted Spouses' Club's Family Night Out in McCormick Park Aug. 10. The event was set up to give families some entertainment and information while recruiting members for the club.

Enlisted spouses want members

By J.D. Hardesty
Staff writer

Fort Riley's Enlisted Spouses Club wants to grow to at least 100 members this year, so the club sponsored a family fun night Aug. 10 in McCormick Park on post.

For more than two centuries Soldiers wives have gathered together to help one another survive the harshness and isolation of being stationed so far away from their traditional pillars of support — family and friends. Fort Riley's Enlisted Spouses' Club has kept that heritage alive by channeling similar support to Soldiers' spouses and neighboring communities for more than 50 years.

"Our primary mission is to support Fort Riley's military community," said Sherri Miller, the organization's president, during the club's 'Family Fun Night' kickoff and membership drive.

This year's annual kickoff was designed for the "entire family," Miller said. "By hosting an event for the entire family, we are able to attract more people while simultaneously providing family based entertainment."

Enjoying the evening out, youths of various ages

flocked to the moonwalk set up in the park to "sky" into the air inside the inflatable dome. Others gathered around Pixie the Clown as she tied balloons into animals and jewelry.

Pixie also painted the faces of several children to look somewhat like her.

Information booths supporting the event were set up by the post's commissary; the Army and Air Force Exchange Service; Directorate of Morale, Welfare and Recreation; and the Historical and Archeological Society of Fort Riley.

For many attending the event, Family Fun Night was their first introduction to the club. Elizabeth Staley's husband, Staff Sgt. Michael Staley, is a member of 1st Battalion, 5th Field Artillery, serving in Iraq. She attended the event with her two children.

"I came here to find out more information about the club," she said. "I've been in Michigan since my husband deployed and just got back to Fort Riley. I have been looking for an organization I could join and having stuff for kids to do is a plus."

Miller said the club's primary focus for the event was to recruit new members, followed by providing

See Family Night, Page 11



Post/Hardesty

Kerick Cordero, 2, son of Keidy and Sgt. Ricardo Cordero of the 101st Forward Support Battalion, shows off the balloon dog he received from Pixie the Clown during the Fort Riley Enlisted Spouses' Club's Family Fun Night at McCormick Park.

Teacher integrating post's history into lessons

Research, trunks, museum visit promise interesting addition to learning

By Jamie Bender
Staff writer

Junction City High School teacher Charmin Dawson plans to incorporate some of Fort Riley's history into her junior and senior history classes this year. Before doing that, she spent a week at the Cavalry Museum researching different aspects of the post's past.

"I have learned all kinds of things here," Dawson said. "I didn't realize that the museum covered so many different aspects of the post. Not only do they have the museum itself, but also they have the library division and unit histories. There are archeologists

on post and I didn't know that. ... I was surprised at the different military leaders that were at Fort Riley."

Dawson decided to include Fort Riley's history in her classes for several reasons.

"You have to understand history in order to understand today and where we are going tomorrow," Dawson said. "A lot of our students are here for a short amount of time, and I feel it's important for them to know about the post so they can appreciate it a little more."

Dawson, a teacher for 27 years, said students might feel challenged by history because of their ages.

"The hardest part of history for students is because of their age they are more interested in what's going on right now," she explained. "They just kind of feel that whatever happened in the past isn't real relevant to their lives. Sometimes I like to have them put themselves in that time period. It's easy to say what I would do now, but what if they were in that time period, how would they react? If you had no Internet, no phone, etc., how would you have felt, what would your actions be?"

By taking advantage of some of the museum's articles, Dawson

See History, Page 10



Post/Bender

Junction City High School teacher, Charmin Dawson, researches Fort Riley's history at the Cavalry Museum.





Community news briefly

BOSS plans talent show

The Better Opportunities for Single Soldiers program is looking for talented and not so talented people for the 2004 BOSS Talent Show.

A three-minute act is all this is required to enter.

For more information, call 239-8147 or visit with your unit's BOSS representative.

U.S. Soldier Show coming

The 2004 U.S. Army Soldier show takes the stage at 7 p.m. Sept. 14 and at 2 and 7 p.m. Sept. 15 in McCain Auditorium on the Kansas State University campus.

Nineteen of the Army's most talented Soldiers perform in a high-energy family-friendly music and dance production guaranteed to entertain anyone in the audience.

Admission is free.

For more information, call 239-6398.

Crafts center sets classes

Aug. 15 — 1 to 6:30 p.m., scrapbooking get-together

Aug. 16 — 7 p.m., crochet, knitting and cross-stitch

Aug. 16 — 6:30 to 8:30 p.m., wood safety

Aug. 18 — 6:30 to 8:30 p.m., wood safety

Aug. 19 — 6:30 to 8:30 p.m., mold pouring orientation

Aug. 19 — 10 a.m. to noon, stepping stones class

For more information, call the Arts and Crafts Center at 239-9205.

Prayer group meets weekly

A prayer group meets from 5:30 to 6:10 a.m. Tuesday mornings in the basement of St. Mary's Chapel. Everyone is welcome.

For more information, call Don Ericson, director of Religious Education, at 239-0979.

School daze: What about recess?

KSU professor insists young children need to move around, keep active

By Kira Everhart

Kansas State University

MANHATTAN — Children laughing, balls bouncing, swings creaking - the sounds of recess. Some of the fondest memories from elementary school were made on the playground, but those playtime breaks are about more than just fun, said Stewart Trost, assistant professor of kinesiology at Kansas State University. Recess helps prepare children for success, he said.

"It comes back to kids just need a break," Trost said. "They can focus better in the classroom when given that break."

However, it seems those benefits are being overlooked by some. According to the National Association of Early Childhood Specialists in State Departments of Education, nearly 40 percent of the nation's school districts have either modified, deleted or are considering deleting recess from the daily elementary school schedule, citing academic achievement as one of the main concerns.

But according to Trost, having recess may simply be able to help children perform academically.

"There is research to support that kids who have recess display better time on task, are less fidgety in the classroom and better behaved," he said. "They tend to do better when they've had some moving around."

In addition to benefits in the classroom, recess is important to the overall development of children, Trost said.



Post/Blackmon

Some school districts have modified recess periods or eliminated recess from the regular school day, but one Kansas State University professor claims recess is an important part of early childhood development and should stay in the school curriculum.

"Physical activity is essential to the physical and social development of kids," he said. "Fundamental movement skills can be acquired through moving. Also, during play, they take roles, learn to negotiate and deal with conflict."

According to Trost, children who aren't physically active during the school day are much less likely to get enough activity in their lives.

"When the opportunity for physical activity is taken away, kids don't naturally make up for it somewhere else," he said. "There is research that supports if they don't get it there, they won't get it

at all, so it's important that we provide kids the opportunity for physical activity during the school day."

But even if kids do have the opportunity to play at recess, they

should still have active playtime at home as well, Trost said. He recommends that a child have at least one hour of moderate to vigorous activity each day. Parental encouragement of physical activity can make an important difference.

"Parents need to understand it is important and try to build physical activity into family routines," Trost said.

But that also means participating with the child, not just taking the child to the park while the parent reads a book or talks on a cell phone, Trost said. He also said spending time outdoors tends to encourage physical activity and provides many opportunities for parents and children to play together.

"Encouraging and playing with them is important," he said. "Telling them to go outside is great but sometimes you need to make an appearance yourself. The best predictor of a child's physical activity is the parent's attitude toward physical activity."

That simply means the parents need to be enthusiastic about being active and try to encourage their children to do the same.

"They need to understand that they don't have to be marathon runners or aerobic queens to help promote physical activity," he said. "It is the support that is the most important."

ITR offers deals for travelers

Chiefs games:

The Information, Ticketing and Registration office near the Main Post Exchange has a limited number of tickets for Kansas City Chiefs home games.

Vacation club:

The Armed Forces Vacation Club is a space available program that offers condominium vacations at resorts around the world for \$249 per unit, per week. The club offers vacationers an opportunity to enjoy off-season activities in popular locations without the hassle of high-season prices or large crowds and availability on 10 days notice or less.

Cruises:

Authorized ITR patrons can start taking advantage of special military discounts and bar-

gain cruises. Brochures are available at ITR or call to make an appointment with a cruise counselor.

New for 2004:

Worlds of Fun unleashes "Spinning Dragons," a roller coaster with cars that spin as they move up and down a twisting, turning track. The theme park offers 175 acres of rides, shows and attractions. Everybody's favorite beagle and his Peanut friends are hosting an exciting collection of family rides and attractions at Worlds of Fun's family play land. ITR has discount tickets.

Wet and wild:

Oceans of Fun offers 60 acres of wet and wild adventure at one of the largest water theme parks in the Midwest — located next door to Worlds of Fun. Discounts are available through ITR.

History

continued from page 9

said she feels she can help her students develop their interest in history.

"There are some traveling trunks that the museum lends out," she said. "There is the Lewis and Clark trunk, and a Soldier's trunk that covers all kinds of different items that Soldiers have used throughout the years. It is good primary source material and it helps the students understand history a little bit better and helps

them have more interest if they can see and touch items."

Dawson said she plans to work Fort Riley's history into her classes at different points throughout the year. She also plans to bring students to the post on a field trip.

"I think the students will like coming to the museum. It's an excellent facility with so many different exhibits and it's put together so well. Even the building itself is historic architecture."

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Community news briefly

BOSS events:

Aug. 15 — BOSS Paintball Group

Aug. 18 — Meeting at the Bowling Center

For more information, call 239-8147 or visit with your unit's BOSS representative.

At the movies:

The Barlow Post Theater Doors open at 6:30 p.m. Shows begin at 7 p.m. unless otherwise noted. Admission is \$3 for adults, \$1.50 for Children 5 to 11 years old and free for children under age 5, except during children's matinees or expected sell-outs.

Aug. 13 — Spider-Man 2 (PG-13)

Aug. 14 — Spider-Man 2 (PG-13)

Aug. 15 — Sleepover (PG)

Aug. 19 — Sleepover (PG)

Aug. 20 — Anchorman (PG-13)

Aug. 21 — Anchorman (PG-13)

Aug. 22 — King Arthur (PG-13)

Aug. 26 — King Arthur (PG-13)

Aug. 27 — Catwoman (PG-13)

Aug. 28 — A Cinderella Story (PG)

Aug. 29 — Catwoman (PG-13)

Sept. 2 — A Cinderella Story (PG)

For more information, call 784-2226 or 784-2640.

Child seat checks offered

Anyone wanting a child's car seat checked by a safety expert should call 239-2514 to make an appointment. Appointments are available from 1 to 3 p.m. Tuesdays and Thursdays at Building 407, Pershing Court.



Post/Hardisty

Shania Martinez, 8, daughter of Dori and Staff Sgt. George Martinez of Co. A, 2nd Bn., 34th Armor, has her face painted by Pixie the Clown at the Fort Riley Enlisted Spouses' Club's Family Fun Night Kickoff. Pixie painted children's faces and made animals and jewelry from balloons as part of the family-based entertainment for the event.

Family Night

continued from page 9

support to all of Fort Riley's enlisted community. Much of that support comes in volunteer support of organizations and activities on post.

Last fall the club combined its efforts with the Officers' and Civilian Spouses' Club for a fall bazaar that raised \$5,000 for the military community scholarship fund.

Other activities the Enlisted Spouses' Club supports include helping fund the Chaplain's Operation Helping Hand, the Red Cross' Baby Layette program (new parents in grade E-4 and below receive a basket), and Operation Santa Claus.

On a monthly basis, the club hosts events such as pot luck dinners, bingo, bowling, crazy hat nights and pamper me nights.

The club also is coordinating theater trips and a train trip to Abilene as future activities to offer its members this year.

"Almost all of our functions have on-site childcare on a donation basis," she said.

"Providing childcare at most of our functions allows enlisted spouses to get a break from the kids, meet new people in the community, build new friendships and become involved in the community," Miller said.



Post/Hardisty

Sean Peterson, 2, son of Alexandra and Sgt. Mike Peterson of the 82nd Med. Co. (AA), enjoys a free ice cream cone under the picnic pavilion at McCormick Park. About 100 people attended the Enlisted Spouses' Club event.

Campaign

continued from page 9

to remind people they need to stay alert, Ruskiewicz said.

Some things that indicate possible terrorist activity could be as simple as strangers asking questions about military deployments or someone taking photographs or writing down notes about activities on post, especially at gates or around sensitive areas, he said.

Any attempt to measure the post's reaction time to security breaches or an attempt to penetrate security barriers should be reported, according to the flyer promoting the Fort Riley Vigilant Civilians program.

The flyer also suggests reporting purchases or thefts of explosives, weapons, ammunition, uniforms, decals, flight manuals, passes or badges as well as any other controlled items.

Anything that doesn't seem normal should be reported, Ruskiewicz said.

Reports should be made to the military police desk, 239-6767, he said. The MPs will get the information to the appropriate office to handle it.

What to report

Use the word "salute" to assess what you see.

S - Size: How many people, vehicles or other items were involved?

A - Activity: What was taking place (surveillance, photos, attempting to gain access)?

L - Location: Where did the activity take place?

U - Uniform: How were the people dressed?

T - Time: When did the activity occur?

E - Equipment: What equipment was used (cameras, vehicles, weapons)?

Reports should be made to the military police desk, 239-6767, he said. The MPs will get the information to the appropriate office to handle it.

"They might handle it themselves or pass it to intelligence people," Ruskiewicz said.

REDD'S TOWING

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About the club

Spouses of active duty or retired enlisted Soldiers may join the organization.

Officers are Sherri Miller, president; Julie Petruccelli-Treen, 1st vice president; Karla Moody, 2nd vice president; Erica Bennett, secretary; and Jessica Gamez, treasurer.

For more information, call Sherri Miller at (785) 770-9219.

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Fort Riley Sports & Recreation

Friday, August 13, 2004

America's Warfighting Center

Page 13

Sports news in brief

MPs sponsor fishing tourney

The 300th Military Police Company at Fort Riley will host a "Welcome Back from Iraq Fishing Tournament" from 6 a.m. to 2 p.m. Sept. 3 at Milford Lake.

Entry fee for adults over 18 years old is \$10 (\$12 for entry after Aug. 21); \$5 for children and \$20 for families of three or more people.

Trophies will be awarded to anglers who catch the heaviest fish, longest fish and largest stringer of fish. Other prizes include rods and reels, lures, hats and discount certificates. Proceeds will benefit the 924th Military Police Ball.

For more information, call 210-6314 or send e-mail to jammer0713@aol.com.

Rec center plans river trip

Fort Riley's Outdoor Recreation Center will sponsor a canoe trip on the Kansas River from where the U.S. Highway 24 bridge crosses the Big Blue River to St. George Aug. 28. The planned river trip is expected to take from 9 a.m. to 3 p.m.

Participants will leave from and return to the Outdoor Recreation Center.

The cost of \$15 per person includes canoe, paddles, life jacket and transportation to and from the river. Participants must provide their lunch and drink.

For more information or to register, stop by the center at 9011 Rifle Range Road or call 239-2363.

KSU Wildcats slate fan day

Kansas State University football's 2004 Fan Appreciation Day will be Aug. 25 at KSU Stadium.

Fans attending will be asked to park in the west lot of the stadium. Parking lot gates will open at 3:30 p.m. Free hot dogs will be provided to the first 1,200 fans. A limited number of 2004 K-State football posters will also be available.

Access to the stadium will be from the west side only, beginning at 5 p.m., when gates will be opened for fans to enter and view practice. Fans will not be allowed to have still or video cameras during the practice session.

Following practice, coach Bill Snyder will address the crowd. An autograph session with players and coaches will follow. K-State cheerleaders and the band will also be on hand to perform.

Rally Point to host tourney

Rally Point and Custer Hill Golf Course will be combining for a day of fun, sun and golf Aug. 28. Golfers can register now for the Rally Point Golf Tournament that opens with a shotgun start at 8 a.m. that Saturday.

The two-person scramble costs \$40 per person to enter. Prizes will be awarded for golfers getting closest to the pin, hitting the longest drive and sinking the longest putt. Two mulligans can be purchased for \$5 and five mulligans for \$10.

The awards ceremony will be held at Rally Point and will include a pizza buffet and bar drinks available.

For more information, call Rally Point at 784-5434.

'War Games' they're not

U.S. military Olympians seek gold on Athens 'battlefields'

By Samantha L. Quigley
AFPS

WASHINGTON — After years of hard work, U.S. military athletes were among the top athletes of nations around the world who took center stage as the 2004

Summer Olympic Games opened in Athens Aug. 13.

Thousands of athletes converged on the Olympic Village. Among them were 21 U.S. military athletes and coaches who are part of the U.S. Olympic team.

Those military athletes and coaches representing the United

States are:

In Modern Pentathlon:

Army Capt. Anita Allen, 26, of Star City, Ind., a 2000 graduate of the U.S. Military Academy at West Point, N.Y., where she

earned a degree in environmental engineering. She began competing in the pentathlon at age 23 and took first place at the 2003 Pan American Games in Santo Domingo, Dominican Republic.

Army 2nd Lt. Chad Senior,

See Olympics, Page 15



AFPS
Spec. Hattie Johnson will compete Aug. 14 in 10-meter air rifle shooting.

Hey, heads up



Post/Blackmon
Co. C, 70th Eng. Bn., first baseman Mark Randall (left) waits for the ball to tag Timothy Schlosser of 596th Signal Co. out at first in company level slow-pitch softball play Aug. 2.

More military missions disrupt company play

Staff report

Deployments, field exercises and other military obligations took their toll on the softball fields again last week. More than half of the 16 games scheduled for Aug. 2 resulted in forfeits.

Headquarters and Headquarters Company, 24th Infantry Division (Mech), was credited with wins for its first two games after forfeits by Co. A, 2nd Bn., 34th Armor, and HHC, 937th Eng. Group. The team won its third game against the 523rd Military Police Company, 15-3.

Two other teams were also scheduled to play three games each.

Company C, 70th Eng. Battalion, defeated 596th Signal Co. 12-11 and was credited with another win after a forfeit by 24th Transportation Co. The Engineers then lost to HHC, 2nd Bn., 34th Armor, 10-13.

Co. A, 1st Bn., 13th Armor, forfeited its three games to HHC, 2nd Bn., 34th Armor, the 342nd MP Co., and the 977th MP Co.

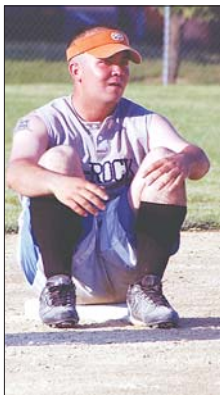
In other games:

The 977th MPs defeated Detachment D, 15th Personnel Services Bn., 21-5.

Co. B, 4th Bn., 1st Field Artillery, defeated Co. A, 4th Bn., 1st FA, 10-5 and was credited with another win after a forfeit by HHC, 2nd Bn., 70th Armor.

The 568th Combat Support Equipment team defeated 24th Trans. Co. 15-8 and was credited with a second win after a forfeit by the 300th MPs.

The 3rd Brigade, 75th Div. (TS), team was credited with two wins after forfeits by HHC, 937th Eng. Grp., and Co. B, 2nd Bn., 34th Armor.



Post/Blackmon
Adam Schraffroth of Co. C, 70th Eng. Bn., takes a break after sliding into second base.



Post/Blackmon
A 596th Signal Co. outfielder snags a grounder in their 12-11 loss to the Engineers.

Pro football shares long military history

Exhibit shows contributions, shares Hall of Fame with new inductees

By Samantha L. Quigley
AFPS

CANTON, Ohio — Through the years, many people associated with professional football have traded their team's colors for those of their country.

"Football in America: The NFL Responds During National Crisis" is the Pro Football Hall of Fame's tribute to those who fought on the gridiron and the battlefield. The

exhibit opened this month.

"It's very moving, especially the Pat Tillman display," said Anthony Giantonio of West Milford, N.J., who saw the exhibit when he came to Canton, Ohio, with his father for the Aug. 8 induction ceremony for new hall-of-famers Bob Brown, Carl Eller, John Elway and Barry Sanders.

Lou Nuccio of Clifford Beach, N.J., echoed that sentiment. "Very nice, very informative," Nuccio said. "You don't realize how

many (pro football players) fought and died in conflicts."

The display incorporates military and football uniforms with facts on the NFL's involvement in national crises and conflicts. It also presents vignettes about those who fought in those conflicts.

Steve Sabol, president of NFL films, appears in one of two moving and inspirational films included in the exhibit. In that film, he describes football players and ser-

vicemembers as sharing many qualities, including the characteristics of teamwork and the ability to rebound from defeat. This, he says, shows that a "band of brothers can wear the uniform of their teams as well as their country."

While World War II saw the most involvement by NFL personnel, every conflict since creation of the NFL in 1920 has seen at least one player contribute to the effort. According to the exhibit, 28 players fought in Korea and

one player, Chad Henning, traded shoulder pads for a flight suit in the Gulf War.

To date, one NFL player left the field to join the efforts in the Global War on Terror. Pat Tillman of the Arizona Cardinals was killed in action in Afghanistan.

The exhibit includes a tribute to Tillman, including an interview taped just before the NFL resumed games after the Sept. 11,

See Football, Page 14



AFPS/Quigley

Pro Football Hall of Fame visitors take in the "Professional Football and America: The NFL Responds During National Crisis" exhibit.

Football

continued from page 13

2001, terrorist attacks. The interview centers on Tillman's views of the events.

Tillman joined the Army and became a Ranger at the end of the 2001 season.

Three servicemembers with pro football connections earned the Medal of Honor in World War II.

Army Lt. Maurice Britt had been an end for the 1941 Detroit Lions before he shipped off for Italy. There, Britt — described as a "one-man army" — was seriously wounded in a firefight with German troops but continued to fight an enemy "superior in number."

He was the first World War II Soldier to receive the Medal of Honor, the Distinguished Service Cross, the Silver Star and a decoration from the British government.

The other two Medal of Honor recipients were Marine Capt. Joe Foss, who went on to become the American Football League commissioner from 1960 to 1966, and Marine Lt. Jack Lummus, who received his medal posthumously after being killed in action on two

trips. Jima in the Volcano Islands. He played for the 1941 New York Giants.

Those who weren't overseas supported the war effort at home by selling war bonds. People connected to the NFL sold bonds that generated \$4 million in 1942 alone. At one rally in Milwaukee, three Green Bay Packers sold \$2.1 million worth of war bonds.

For their efforts, hall-of-fame coach Curly Lambeau, Cecil Isbell and hall-of-famer Don Hutson received Treasury Department citations.

Later, players went off to the conflicts in Korea and Vietnam. Some again traded uniforms; others went as part of what became a United Service Organizations program that continues today.

In 1965, then-NFL commissioner Pete Rozelle had an idea to send players on "goodwill tours" to Vietnam. The first tour went in 1966, and the NFL's affiliation with the USO began in 1971.

Air Force Reserve Capt. Steve Purvis of Wright-Patterson Air Force Base, Ohio, toured the exhibit and said he knows servicemembers appreciate the USO

trips. More recently, players have supported the military and the country in other ways. After 9/11, the NFL Players Association contributed \$10 million to disaster relief.

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Tuttle Creek association plans 10th annual kid's fishing clinic

By Leo Schell

TCLA, Inc.

Children ages 8 to 12 get a chance to become better fishermen Sept. 10 in Manhattan.

The Tuttle Creek Lake Association, Inc., will host classes from 7 to 9 p.m. Sept. 10 at Susan B. Anthony Middle School and youths will fish in a freshly stocked Anneberg Park pond from 9:30 to noon the following day to test what they've learned.

The association bought \$3,000 worth of farm-raised channel catfish to stock Anneberg Park pond for the annual clinic. That equals about 1,000 fish, said Ed Schell, clinic chairman.

Children who have not attended a previous fishing clinic sponsored by the association are eligible to take part in the 10th annual fishing clinic this year.

Registration for the Sept. 10 classes begins at 6:30 p.m. Terry DeWeese, director of Parks and Recreation in Manhattan, will be the guest speaker.

Children who attend the classes and the following day's fishing will receive a free rod and reel. Bait and supervision will be provided for the fishing day and numerous prizes will be awarded.

A free lunch will be provided after fishing is completed. Prizes include \$50 gift certificates and \$50 U.S. Savings Bonds. Three memorial prizes of \$50 gift certificates will be given to winners.

Prizes also will be given to six boys and girls for their catches. The boy and a girl who catch the biggest fish will receive trophies and \$50 gift certificates.

The boy and girl who catch the largest stringer of fish will receive trophies and gift certificates. The boy and girl who catch the smallest fish also will receive a trophy and gift certificate.

Two \$50 savings bonds will be presented, but the criteria for win-

ning those had not been determined at press time.

Mystery prize to be announced

A mystery prize will be revealed the day of the fishing clinic, Phelps said.

Members of Tuttle Creek Lake Association will be registering children for the clinic from 8:30 a.m. to 1 p.m. Aug. 21 at Kmart, 401 E. Poyntz Avenue, and Dillon's west store, 2700 W. Anderson Avenue, in Manhattan.

Children also may register from 8:30 a.m. to 1 p.m. Aug. 28 at Dillon's east store, 130 Sarber Lane, in Manhattan.

Association members will register children for the clinic from 8:30 a.m. to 1 p.m. Sept. 4 at Wal-Mart, 101 E. Bluemont Avenue, in Manhattan.

Application forms also will be available in area sporting goods stores, sporting goods departments of local department stores and in elementary schools.

Top anglers to teach

During the Sept. 10 classes, some of the area's best fishermen will teach a range of skills from fishing for crappie to filleting fish. Among the instructors will be Tim Martin of Olathe, the 2001 National Crappie Champion.

Children will spend time at each of the seven stations set up to

ACTION TIME
2 x 5"
Black Only
2x5 ACTION TIME





Olympics

continued from page 13

29, of North Fort Myers, Fla., a 1997 graduate of George Washington University, where he earned a degree in exercise science. He began competing in the pentathlon at age 22 and participated in the 2000 Olympics.

In boxing:

Army Staff Sgt. Basheer Abdullah, 41, of St. Louis, head coach for the 2004 Olympic boxing team. He served as adviser for the U.S. boxing team in the 2000 Olympics in Sydney and was named 2002 Coach of the Year. Abdullah became the Army's head coach in 1996, three years after he retired from the ring.

In fencing:

Air Force 2nd Lt. Seth Kelsey, 22, of Brush Prairie, Wash., who will compete in the Men's Epee fencing event. He is a 2003 graduate of the U.S. Air Force Academy, where he earned a degree in behavioral science. He earned Senior "A" World Cup bronze medals in Tallin, Estonia, in 2002 and Havana in 2003.

In rowing:

Navy Lt. j.g. Henry Nuzum, 27, of Chapel Hill, N.C., will compete in the men's double sculls. He is a 1999 graduate of Harvard University and completed graduate work at the Navy's Surface Warfare Officer School. Nuzum is a four-time senior national team member and two-time Olympian. He is now affiliated with the Princeton Training Center.

Army Capt. Matt Smith, 26, of Woodbridge, Va., will compete in the men's lightweight four event. Smith is a 2000 graduate of the University of Wisconsin and the Army Ranger and Airborne



AFPS/Hipps

Army Sgt. John Nunn finishes second in the 20-kilometer race walk in the 2004 U.S. Olympic Track and Field Team Trials July 17 at Sacramento State University.

schools. He also is a five-time senior national team member and a first-time Olympian.

In shooting:

Army Maj. Michael E. Anti, 40, of Winterville, N.C., will participate in the three-position and prone rifle events. He holds a business degree from West Virginia University. Anti is a three-time Olympian, having competed in the 1992 and 2000 games. His father is a rifle coach for the U.S. Marine Corps and U.S. Naval Academy.

U.S. Army Reserve Staff Sgt. Elizabeth Callahan, 52, of Columbia, S.C., will compete in



AFPS/Hipps

Oregon National Guard Capt. Dan Browne will run the marathon and perhaps double in the 10,000 meters in the 2004 Olympic Games at Athens, Greece.

the air pistol event. She has competed in the 1992 and 1996 Olympic games and is a lieutenant in the patrol department of the Washington, D.C., police department. Callahan is a five-time women's police revolver champion and a four-time women's police service revolver champion.

Army Sgt. 1st Class Shawn Duloher, 39, of Lee's Summit,

Mo., will compete in the skeet event. He earned a bachelor's degree in communications from Park College in Missouri and was assigned to the U.S. Army Marksmanship Unit at Fort Benning, Ga., when he enlisted in the Army in 1989.

Army Sgt. 1st Class Bret Erickson, 43, of Bennington, Neb., will compete in the trap and double trap shotgun events. He is a three-time Olympian, having competed in the 1992 and 1996 games. Erickson is a five-time national champion and set two world records at the 1990 World Championships in Moscow.

Army Sgt. 1st Class Charles P. Gartland, 39, of Buena Vista, Ga., will travel to Athens as the team's gunsmith. He was selected from numerous applicants because of his combination of school training and practical application. Gartland joined the Army in 1986 and was assigned to the Army Marksmanship Unit as a gunsmith in 1991.

Army Reserve Maj. David Johnson, 40, of Mount Holly, N.J., will travel to Athens as the shooting team's rifle coach. The 1992 Olympian earned a bachelor's degree in finance from West Virginia University in 1982. Johnson, a 15-year member of the National Rifle Team, left active duty and joined the reserves in 2002. Returning to active duty in 2002, Johnson was assigned to the Army's World Class Athlete Program and selected as rifle coach for the U.S. national team.

Army Spec. Hattie Johnson, 23, of Athol, Idaho, will compete in the women's air rifle event. She was a bronze medalist in the 3x20 at the 2003 Pan Am Games and took third in the 3x20 and second in the air rifle event at the National Championships.

Army Sgt. Jason Parker, 30,

of Cusseta, Ga., will compete in the men's air rifle event. He took fifth in the air rifle at the 2000 Olympics. Parker earned a psychology degree from Xavier University in 1996. Parker won gold in 3x40 at the 2003 Pan Am Games and in air rifle at the 2003 Munich World Cup.

Army Sgt. 1st Class Daryl Szarenski, 36, of Saginaw, Mich., will compete in the men's air and free pistol events. He was the gold medalist in free pistol at the 2003 Pan Am Games and the 2003 free pistol National Champion. Szarenski studied industrial technology at Tennessee Tech University on a rifle scholarship. He was a member of the school's pistol and rifle teams.

In track and field:

Army National Guard Capt. Dan Browne, 29, of Portland, Ore., will participate in the marathon and 10,000 meter events. Browne graduated from West Point in 1997 with a double major in English and is fluent in Spanish and Portuguese. He began running as a junior in high school but didn't focus on distance events until his junior year in college.

Air Force Capt. Kevin Eastler, 26, of Farmington, Maine, will compete in the 20-kilometer race walk. He graduated from the U.S. Air Force Academy in 1999 with a degree in mechanical engineering. While he placed second in the 2000 Olympic trials, he was denied a spot in the Games because he failed to earn an "A" qualifying time. At this year's trials he placed third with a time of 1:28:49.

Army Sgt. John Nunn, 26, of Chula Vista, Calif., will compete in the 20-kilometer race walk. He is pursuing a major in chemistry at Southwestern Community Col-

lege, with a goal of advancing to pre-dentistry. Nunn edged out teammate Eastler in the 2004 Olympic trials, placing second with a time of 1:26:23.

Air Force 1st Lt. James Parker, 28, of Great Falls, Mont., will compete in the hammer throw. He majored in exercise science at Utah State, where he was a state discuss champion and two-time state shot put champ. Parker placed first in the 2004 Olympic trials and was the 2003 USA outdoor champion.

In wrestling:

Army Staff Sgt. Shon Lewis, 37, is the head coach for the Army's WCAP wrestlers and will travel to Athens as one of three Greco-Roman wrestling coaches for Team USA. He is a four-time national champion and 13-time armed forces champion. USA Wrestling selected Lewis as Greco-Roman Coach of the Year in 2002 and 2003.

Army Sgt. Oscar Wood, 29, of Fort Carson, Colo., will compete in the 66-kilogram class of the Greco-Roman event. He attended Oregon State, where he majored in behavioral science. Wood was the 2004 Olympic trials champion and came in second at the 2004 U.S. nationals.

In Paralympics:

Navy Petty Officer 3rd Class Casey Tibbs, 23, of Austin, Texas, will compete in the pentathlon and the 400-, 200- and 100-meter events during the Paralympics, to be held in September in Athens. Tibbs graduated with honors from the Defense Language Institute. He lost his right foot in a motorcycle accident in 2001. Tibbs is ranked No. 2 in the world in the 400-meter event with a time of 53.14.



Sports news in brief

Wrestling coming to TV

Rally Point will be showing WWE Summer Slam on its TV sets at 7 p.m. Aug. 15. Rally Point is open to the general public. For more information, call 784-5434.

ITR offers Wildcat tickets

The Information, Ticketing and Registration office at Fort Riley is selling discount tickets for Fort Riley Day at Kansas State University Sept. 11, when the Wildcats play Fresno State. Tickets for Soldiers, their families and Department of the Army civilians cost \$19. For more information, call Teresa Mayes at 239-5614.

Fitness, sports activities:

Aug. 16 — 5:30 to 6:30 p.m., aerobics
Aug. 16-18 — Intramural racquetball at King Field House
Aug. 19 — 5:30 to 6:30 p.m., aerobics
Aug. 13-15 — Post Softball Championships (battalion women, community life and men's level tournaments)
For more information, call 239-2813.

State offers free licenses, passes

The Kansas Department of Wildlife and Parks will offer

Kansas residents who also are members of the Kansas Army or Air National Guard free hunting and fishing licenses and free state park permits beginning Jan. 1, 2005.

The new program was created by the state legislature as a way to show the state's appreciation for its citizen Soldiers. Application forms for the 2005 licenses will be available in November and can be downloaded from the KDWP Web site at www.kdwp.state.ks.us. The forms must be signed by the member's unit commander and mailed to KDWP with photocopies of appropriate documentation.

Royals schedule appreciation day

The Kansas City Royals will host the third annual Military Appreciation Day Aug. 21 at Kauffman Stadium. The baseball game begins at 6:05 p.m. Pre-game events include a ceremony honoring all military branches, static military displays, military flyovers and the posting of the colors by Fort Riley Soldiers recently redeployed from Iraq.

Discounted tickets ranging from \$6 to \$12 are available for Soldiers and family members at the Information, Ticketing and Registration office at Fort Riley.

Concessions at the game will cost \$1.

For more information on the events, call Sgt. John Edwards at (816) 318-0007, ext. 2610. To buy tickets, call ITR at 239-5614 or 239-4415. Tickets for other Chiefs games are available through ITR.

Study may improve camper comfort

KSU professor defines model for sleeping bag ratings

Kira Everhart

K-State

MANHATTAN — Remaining summer days and early fall weather offer families and outdoorsy plenty of time for camping, even if they've never camped before.

When gathering the necessary camping gear, many may not be thinking about the piece of equipment that makes those cool, starry nights cozy and restful — the sleeping bag.

Researcher Elizabeth McCullough is professor of apparel, textiles and interior design at Kansas State University and co-director of the university's Institute for Environmental Research. She has been working to help make sleeping bags more consumer-friendly.

McCullough's most recently finished project, an "Evaluation of heat loss models for predicting temperature rating of sleeping bags," was conducted to help determine the most highly effective heat-loss model with the hope that manufacturers would use the model when determining temperature ratings, McCullough said. Temperature ratings are the lowest temperature at which a person can sleep in the bag and be comfortable.

"We wanted to validate the models with human subjects because we wanted to convince the industry that they worked and select which model was the best," she said.

McCullough, working with Jianhua Huang, graduate student in apparel and textiles, compared five different heat loss models, including one developed by Byron Jones, director of K-State's Engineering Experiment Station. The project involved a group of 60 male and female subjects who tested three different types of bags at a variety of temperatures, both above and below the bags' temperature ratings.

"The perception of the human subjects indicated that the K-State model prediction matched best," McCullough said.

Choose the right bag

Know your intended use - Choosing which sleeping bag is right for you depends greatly on what you're going to use it for. Know what temperatures and conditions you are likely to encounter and select a bag and accessories appropriate to those conditions.

Types - The general three-season bag is standard and designed for temperatures typical to late spring and early autumn (down to 10 degrees above zero). The ultra-light/warm-weather sleeping bags are designed for camping in warmer weather (30-60 degrees) or for people who need extra light bags. The winter weather/cold weather bags are designed to keep you warm at extreme temperatures of 5 degrees above zero and lower.

Shapes - There are three basic bag shapes on the market — mummy, rectangular and semi-rectangular bags. Mummy bags, which are cut wide at the shoulders and are narrower at the feet, are the most efficient in terms of both weight and warmth. Because they conform to the shape of the body, there is little extra space to heat. However, those who have a tendency toward claustrophobia may find them too restrictive. Rectangular bags are roomier, but because of the extra space and the larger top opening, they are not as efficient for warmth. Semi-rectangular bags are a good compromise between the two, with a tapered foot and contoured hood, but more space in the torso area, making them roomier than mummy bags.

Sizes - Choose a bag that is large enough for comfort, but not so large that you're carrying extra poundage.

Fills - There are two main fill types to choose from — down and synthetic fiberfill. Down is lighter but more expensive. It also has a higher warmth-to-weight ratio. However, it loses its insulating power when wet and takes much longer to dry than synthetic fill. Synthetic bags are heavier and less expensive than down. They don't lose their loft over time and retain much of their insulation power even when wet. They also dry relatively quickly.

Many manufacturers use different methods in determining their temperature ratings and many of these methods are not scientifically based, McCullough said. Some use a thermal mannequin, others measure the thickness of the insulation, also known as loft, while others simply compare their bag with one that already has been rated. This inconsistency can result in unreliable ratings

or in consumers being misled, she said. McCullough will present her research results to sleeping bag manufacturers at an outdoor retailer's show Aug. 14 in Salt Lake City.

McCullough hopes the results will convince the sleeping bag industry to adopt a standard testing procedure to be used for determining the temperature ratings.

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Captain delays retirement to row in Olympics

By Tim Hipps

AFPS

WASHINGTON — Army Capt. Matt Smith planned to retire from competitive rowing before he discovered the U.S. Army World Class Athlete Program. This month, he instead will row for Team USA's men's lightweight four at the Olympic Games in Athens, Greece.

"I wouldn't be here without WCAP, plain and simple," Smith said July 6, after learning he was selected to join Steve Warner of Livonia, Mich., two-time Olympian Paul Teti of Upper Darby, Pa., and Cincinnati's Pat Todd in a boat backed by the red, white and blue.

"The Army has allowed me to train full-time and to focus on this one goal," he said. "Without WCAP and (the Army's Morale, Welfare and Recreation program's) support, this dream wouldn't come true at all. I can say that for a fact."

Team USA also will feature the Navy's Henry Nuzum, a two-time Olympian who will team with Aquil Abdullah of Washington, D.C., in men's double sculls.

Smith, 26, said Olympic dreams never crossed his mind while rowing for Woodbridge Senior High School in Virginia or as one of the lightest competitors on the heavyweight squad for the University of Wisconsin at Madison, where he earned a bachelor's degree on an ROTC scholarship.

"I just thought this was the end of one chapter of my life, and I would begin the next chapter," Smith said. "I wasn't sad and dis-



(From left) Capt. Matt Smith teams with Erik Miller, Steve Warner and Paul Teti to win a bronze medal in the 2003 FISA World Rowing Championships at Milan, Italy. Smith, a member of the U.S. Army World Class Athlete Program, will compete in Team USA's lightweight four with Warner, Teti and Pat Todd in the Olympic Games at Athens, Greece.

appointed. I was just ready to accomplish new goals."

Looming in the back of his mind, however, were thoughts of competing in the U.S. Army World Class Athlete Program.

"In the last quadrennium, I knew a couple of Soldier-athletes who were rowers and were in WCAP," Smith said. "They were the ones who told me about the

program. While I was at Fort Benning (Ga.) during all my infantry school, I contacted WCAP and sent in my application showing them my past history of accomplishment on the U.S. National Team and in college. I just tried to show them that I had the potential to make the Games, and they supported me."

While driving to Fort Carson,

Colo., in November 2001, Smith received a phone call informing him that he was accepted into WCAP. "That started a whole new kindling of spirit within me," Smith said. "I started thinking, 'Wow, I think I can do this.' With the Army's backing, I thought maybe this is an actual possibility."

While at Wisconsin, Smith,

who stands 6 feet tall and weighs 160 pounds, learned to hold his own against men several inches taller and 40 pounds heavier.

"I had to fight every day for every inch on every seat if I was going to make the varsity boat," he recalled. "A lot of determination and hard work will go a long way. I definitely had to do some extra work to stay on top of my game."

Born an "Army brat" in Berlin, Smith was one of the U.S. lightweight four rowers who won bronze medals in the 2003 World Cup in Milan, Italy. He also won silver medals that year in lightweight pair at National Selection Regattas 1 and 2.

In 2002, Smith helped Team USA's lightweight eight win a bronze medal in the Federal International Society Avron World Rowing Championships. Since that spring, he's been working out at Princeton Training Center in New Jersey with his oars pointed toward Athens.

An infantry officer, Smith began rowing in the fall of his freshman year of high school. As a senior in 1996, his Woodbridge High School crew finished fifth in the Scholastic National Regatta on their hometown, Occoquan River.

From November 2003 until late March, the elite rowers trained at the U.S. Olympic Training Center in San Diego. They returned to Princeton in the spring and spent most of June competing in Europe before the Olympics team roster was finalized July 7.

In early May, the group was whittled from eight to six candidates for Team USA's four-man

boats. They placed eighth in a World Cup event in Munich, Germany, and seventh in another World Cup stop in Lucerne, Switzerland, with Smith in the boat both days. The crew in Lucerne was the same quartet that will row for Team USA in Athens.

"The Army had faith in me, and WCAP had faith in me," Smith said. "Now it's allowing me to pass along the goodwill of the Army and to show that we're doing positive things. While we're all individuals, it's also one giant team accomplishing a lot of different missions around the world — and one of them is competing and doing well in the Olympic Games."

Smith's quartet will begin rowing Aug. 15 with a chance to compete again Aug. 17, 19 and 21 in the B final or Aug. 22 in the A final.

"Each day, as it gets closer, it becomes a little bit more real," Smith said. "It's just a matter of who's performing to their best potential on that given day. Our goal is definitely to make the A final and be in the medal hunt."

Smith also has another mission in mind.

"I hope to succeed on the water but also to represent the Army, MWR and WCAP in a positive light and show the world that the United States is one of the better countries out there in rowing and in general — to show what freedom will do for you," he said. "It allows you to succeed."

Tim Hipps works for the U.S. Army Community and Family Support Center.

Check out the Fort Riley Post online at www.riley.army.mil. Issues are archived back to Aug. 30, 2001.



52-year-old sharpshooter aims for Olympic medal

Reserve Soldier competes in third Games

By Tim Hipps

Army News Service

ALEXANDRIA, Va. — At age 52, Army Reserve Staff Sgt. Elizabeth "Libby" Callahan will be the oldest member of Team USA competing in the Olympic Games at Athens, Greece.

Callahan, however, says her pistol shooting has flourished since she retired last August from a 28-year career with the Washington, D.C., Metropolitan Police Department.

A three-time Olympian and member of the U.S. Army World Class Athlete Program, Callahan says she has never felt better about her chances in the world's largest sporting event. She will compete Aug. 15 in women's 10-meter air pistol and Aug. 18 in women's 25-meter sport pistol shooting.

"I feel so good about my chances and my ability to compete in this Olympics," said Callahan, a native of Columbia, S.C., who lives in Upper Marlboro, Md. "I feel so much more confident. I feel that I'm more ready than I have ever been to compete, and I have as good a chance as anyone else."

In the 1992 Barcelona Games, Callahan finished 37th in air pistol. In the 1996 Atlanta Games, she placed 23rd in sport pistol. In Athens, she hopes to shoot more memorable marks to honor those shooting more meaningful rounds.

"It's extremely important to me at this stage in my life and at this time in history to be a member of the U.S. Army," Callahan said. "I think about our troops all around the world, especially in the war zones of Afghanistan and Iraq. To me, they're more important than anything that I'm doing. To be a part of the military and to be represented by them is an important aspect of my career."

Getting away from police work has allowed Callahan to train longer hours with more peace of mind.

"I've been around shooting for a long time and I think it's seasoned me," she said. "The fact that I retired this past year has also helped in the reduction of stress that I feel from my job. I certainly feel better physically and mentally going into these Games as opposed to the other two. In the past, when I was working with the police department, I didn't go so much for quantity of practice as I did for quality."

Callahan said it usually took several days, sometimes even a week, for her to unwind from the constant stress of police work to relax enough for competitions.

"A lot of times, the competition was over by the time I was ready," she said. "But that was just the intensity that I devoted to my job. I'm not complaining; that's just the way that I am."

Callahan scoffs at skeptics who don't consider shooters athletes.

"A lot of people feel that because I don't lift weights to the degree where I'm lifting for a medal or run to the degree that I'm competing in a race, that I'm not an athlete," she said. "But I have to keep strong and make sure that I'm cardiovascular fit. It takes a lot for me to stand on a range four or five hours to shoot and lift a two-and-a-half-pound gun over and over and over again - hundreds of times, sometimes a thousand times in a day. And to hold your muscle skills, it takes strength to do that."

"We are athletes in the sense that we have to do something with our muscles totally opposite of what somebody else is doing."

said Callahan, twice named most valuable player on her basketball team at Cardinal Newman High in Columbia. "It takes a tremendous amount of strength and the mental aspect of it, too."

Although she now trains on her own at the 12th Precinct Pistol Club Range in Davidsonville, Md., Callahan said she probably wouldn't be going to Athens without military backing.

"The Army has supported me over the years in so many ways in my pursuit of shooting, not only financially, but morally, with equipment and with coaching," Callahan said of her 19years service to the Army Reserves. "To win a medal would mean that all my hard work has paid off and that I have accomplished a goal that I set for myself. I'd probably stick it in a box and put it in my closet."

"I don't dwell on past accomplishments because I feel that you're only as good as your last shot," said Callahan, named 2001 Pistol Athlete of the Year by USA Shooting. "That's not going to help you win anything. What you do right here in the moment is what's going to help you win down the road. Each and every shot, you've got to think: 'Execute, execute.'"

Callahan said that winning her first international medal, which she gave to her mother, was the highlight of her shooting career. She can top that shining moment with an appearance on the medal stand in Athens.

Tim Hipps writes for the U.S. Army Community and Family Support Center Public Affairs Office and will cover the Olympics in Athens.

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Army Reserve Staff Sgt. Libby Callahan, 52, will be the oldest member of Team USA competing in the Olympic Games at Athens, Greece.

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Travel & Fun in Kansas

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America's Warfighting Center

Friday, August 13, 2005

Zoo offers more than animals

By Mike Heronemus
Editor

For a morning or afternoon of leisurely entertainment and relaxation, Manhattan's Sunset Zoo might just be the place for an individual or family with about four hours to spend.

The site itself entices visitors who would enjoy a stroll along winding paths sloping gently from hilltop to ravine bottom. The walk becomes as much an attraction as are the animals caged or roaming in fenced enclosures along the way.

Zoo designers created a meandering set of trails that take visitors past dense woods, between growing walls of young bamboo stalks, beside ponds, past cascading water, through flower gardens and beneath lush shade trees.

Benches located along the trails and throughout the zoo offer weary legs a place to rest while taking in the zoo's beauty.

Most people, however, expect to see exotic animals when they visit a zoo. Sunset zoo meets that demand.

Along its African Forest Trail, visitors will see Colobus monkeys with their long white tails.

Another exhibit shows chimpanzees, perhaps seeking refuge from the afternoon sun beneath a stone outcrop or in a rubber tree placed strategically in the shade of a large tree.

A cheetah lives in another fenced area which provides plenty of places to sleep in shady comfort but no great distance to stretch its legs.

The Australian Walk-About puts visitors in the same enclosure as the wallabies while they walk past an emu.

Along the Asian Forest Trail,



A visitor to Manhattan's Sunset Zoo walks past a wallaby in one part of the zoo which allows visitors to stroll through the fenced area where a few animals are kept.

Post/
Heronemus



Post/Heronemus

This large monument in the shape of a bear stands in the center of Manhattan's Sunset Zoo.

If you go:

Take Interstate 70 to exit 303 and follow Fort Riley Boulevard into Manhattan. Signs will direct you once you reach the city limits.

Hours of operation: 9:30 a.m. to 5 p.m. April through October and noon to 5 p.m. November through March.

Admission: Adults \$4, children 3-12 \$2, other children free.

Leisuretime ideas

Matfield Green:

Covered Wagon Train Adventures — Travel with prairie folks from varied walks of life in original wagons; delicious campfire meals and pioneer activities; by reservation only; 9:30 a.m. Aug. 14 to 1:30 p.m. Aug. 15; 8 miles southeast of town. For more information, call (316) 283-2636 or visit www.kscoveredwagon.com on the Web.

Wichita:

Cowboy Campout — This night of adventurous cowboy fun is designed for ages 8-12; activities include campfire songs and tall tales, scavenger hunts for outlaw loot, wagon rides, sleeping out under the stars and cowboy meals; children must be accompanied by an adult (no more than three children per adult; 5:30 p.m. Aug. 14 to 10 a.m. Aug. 15; Old Cowtown Museum, 1871 Sim Park Drive. For more information, call (316) 264-6398 or visit www.old-cowtown.org on the Web.

Harper:

Demolition Derby — Heats of cars hit each other and try to render them unmoveable; 7 p.m. Aug. 13; Harper Airport. For more information, call (620) 896-2511.

Halstead:

Old Settlers' Celebration — 117th annual; parades, fireworks, rod run, softball, golf tournaments and Main Street dance; citywide; Aug. 13-15. For more information, (316) 835-2662 or visit www.halstead-kansas.com on the Web.

Manhattan:

Arts in the Park — Summer concert series featuring national, regional, and local musical groups/performers; 8 to 10 p.m.

Fridays and Saturdays only, through Aug. 14; City Park. For more information, (785) 587-2757 or visit www.ci.manhattan.kansas.us on the Internet.

Tonganoxie:

Leavenworth County Fair — Parade, rodeo, 4-H/FFA and open class exhibits, games, carnival rides, food, livestock auction, and entertainment. Shuttle rides; 10 a.m. to midnight, Aug. 8-14; Tonganoxie Fairgrounds. For more information, call (913) 250-2300 or visit www.tongie.org/cofe on the Web.

Topeka:

Territorial Kansas Sesqui-centennial (150th) Event — The exhibit tells the story of the bloody struggle between abolitionists such as John Brown and proslavery settlers in Kansas Territory, through Oct. 1, Kansas Museum of History, 6425 SW 6th Avenue. For more information, call (785) 272-8681 or visit www.kshs.org on the Internet.

Cottonwood Falls:

Prairie Drifter Sunset Tour — Open air two-hour ride in 1958 grain truck through 20 miles of scenic Flint Hills back roads. Friday and Saturday nights only, through Oct. 31. For more information, call (620) 273-6763 or visit www.grand-centralhotel.com on the Internet.

Music at the Emma — Weekly acoustic jam sessions playing country, gospel, bluegrass, and rock and roll. Musicians and audience welcome; Fridays at 7:30 p.m.; 317 Broadway, Emma Chase Café. For more information, call (620) 273-6020 or visit www.emmachasecafe.com on the Internet.

Argonia:

KLOUDBusters Rocket Launches — High-powered

large model rocketry club hosts local, national, and international competitions and fun-fly launches almost every month at their launch site; now through Dec. 12; 8 miles south and 1 1/2 miles east of Argonia.

For more information, call (620) 435-6417 or visit www.kloubusters.org on the Internet.

Lawrence:

Vietnam: Healing a Nation's Wounds — Exhibit honoring the Vietnam veterans of Lawrence and northeast Kansas; through Sept. 1; 1047 Massachusetts St., Watkins Community Museum; open 10 a.m. to 4 p.m. Tuesdays through Saturdays.

For more information, call (785) 841-4109 or visit www.watkinsmuseum.org on the Web.

Olathe:

Passport to Adventure — Hike the creatures feature trail and meet wild Kansas animals; 9 a.m. to 5 p.m. through Sept. 26; Ernie Miller Nature Center and Park, 909 N. Kansas Highway 7.

For more information, call (913) 764-7759 or visit www.erniemiller.com on the Web.

Concerts in the Park Series — Local, regional, and national entertainers performing a concert in the park; 7 p.m. Fridays through Aug. 27; 15501 India Creek Parkway, Frontier Park. For more information, call (913) 971-8600 or visit www.olatheks.org on the Web.

Overland Park:

Clock Tower Concert Series — Live musical entertainment; 9:30 to 11:30 a.m. Saturdays through Oct. 23; Clock Tower Pavilion on Santa Fe Drive. For more information, call (913) 642-2222 or visit www.downtownop.org on the Web.

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